

Harvest appeal



**Help support
your food bank
this Harvest**

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

- jam / marmalade
- peanut butter
- Honey
- chocolate spread
- cooking oil (small 1 litre)
- tinned meat soup
- tinned fruit
- treats (chocolate & sweets)
- packet vegetable & meat soups
- tinned meat soup
- packet pasta

Please deliver to:

Unit H2, Phoenix Business Centre, Rosslyn Crescent HA1 2SP

Mon – Wed & Fri 10:30 – 14:30

Please call 020 8416 7344 before delivery to ensure volunteers are available.

Donate online: <https://donate.giveasyoulive.com/donate?cid=184241>

Registered Charity in England & Wales (1154292)
Harrow.foodbank.org.uk